

13th Annual National Conference of the Society for Hand Therapy, India (SHTI)

SHTICON'2026

2nd (Friday) and 3rd (Saturday) October 2026

Scientific Program Schedule

Time	Topic	Speaker/Resource Person	Venue
Day 1: Friday 2nd October 2026 (08 Contact Hours)			
0830 - 0900	Registration		Hall 2
0900 - 0930	SHTICON'2026 Inauguration Function		
0930 - 0940	About the Society for Hand Therapy, India	Dr. Tejashree A. Dabholkar	
0940 - 1000	Group Photo Session		
Scientific Session 1		Chairperson: Pragyan Singh	
1000 - 1020	Key Note Address: Creating Hand Therapy Momentum: Building the Future	Punita V. Solanki	
1020 - 1040	Faculty Talk: Global Trends in Splinting Practices	Dr. Shovan Saha	
1040 - 1100	Faculty Talk: Modified Low-Cost Pneumatic Compression: An Approach to Oedema Management in Hand Fractures	Rashmi Yeradkar	Hall 2
1100 - 1115	Tea Break		
Scientific Session 1		Chairperson: Pragyan Singh	
1115 - 1135	Faculty Talk: From Skin to Cortex: Kinesiotaping in Stroke Hand	Jose Mary Sangeetha X	
Best Oral Paper Presentations			
1135 - 1145	To Find Out the Effectiveness of Cohesive Crepe Bandage on Hand Function in Patient with Acute Carpal Tunnel Syndrome	Roshni Nirala	
1145 - 1155	The Association Between Smartphone Addiction and Wrist Pain Among College-Going Students: A Correlational Study	Chinmoy Banik	
1155 - 1205	Effectiveness of Hand Arches Training in Improving Handwriting Skills in Children with Diplegic Cerebral Palsy	Dipanwita Ghosh	
1205 - 1215	Socio-Economic Burden of Traumatic Brachial Plexus Injury: How Do the Patients and Families of Patients' Cope?	Dr. Chhaya Verma	
1215 - 1225	Impact of Sensory-Motor Interventions on Functional Performance Among Preschool and School Going Children's with Autism Spectrum Disorder: A Pilot Study.	Bhakti Vanmali	
1225 - 1235	Effect of Therapeutic Activities on Grip Strength and Manual Dexterity among Handloom Weavers	S Marudhu	
1235 - 1245	Tactile Sensibility in Heavy and Light Smartphone Users: A Cross-Sectional Comparative Study Using Semmes-Weinstein Monofilament Testing	Sakshi Kirpane	
1245 - 1305	Faculty Talk: Viability to Function: Rehabilitation in Upper Extremity Replantation	Dr. Tejashree A. Dabholkar	
End of Session I			
1305 - 1400	Lunch Break		

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	Scientific Session II	Chairperson: Vishakha Meshram	
1400 - 1420	Faculty Talk: Rehabilitation After Wrist Arthroscopic Triangular Fibrocartilage Complex (TFCC) Procedures	Dr. Anil Bhat	
	Best Oral Presentations		
1420 - 1430	Effect of a Proprioceptive Neuromuscular Facilitation Protocol on Pain, Pinch Strength, And Hand Function in Individuals with De Quervain’s Tenosynovitis	Arya Swaraj	
1430 - 1440	Advanced Qualitative Study of Hand Performance across Different Musculoskeletal Conditions	Bhakti Vanmali	
1440 - 1450	Psychometric Testing of Modified Simple Test for Evaluation of Hand Function (STEF) in Healthy Young Adults.	Dr. Chhaya Verma	
1450 - 1500	Effectiveness of a Neoprene Thumb Abduction Splint Versus Kinesio Taping in the Management of Thumb-in-Palm Deformity Among Children with Cerebral Palsy	Rajasekar M	
1500 - 1520	Faculty Talk: Kinesiotaping in Conditions Involving the Upper Extremity	Pragyan Singh	
1520 - 1540	Faculty Talk: The Aging Hand Beyond Strength: Integrating Cognitive-Motor Strategies into Hand Rehabilitation	Jyotsna R. Bankhele	
1540 - 1615	Interactive Session: For All Therapist Delegates	Chaired by Dr. Shovan Saha	
1615 - 1630	Tea Break		
	ISSHCON’2026 Session		Hall A (3, 4, 5 CC)
1630 - 1700	ISSHCON’2026 Session: Emperor Ashoka Award Session The Grasping Hand: Structural, Functional and Surgical Anatomy of the Hand and Wrist	Dr. Amit Gupta	
1700 - 1800	ISSHCON’2026 Inauguration Function		
1800 - 1930	ISSHCON’2026 Cultural Program		
1930 onward	Dinner		
End of Day 1			

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Time	Topic	Speaker/Resource Person	Venue
Day 2: Saturday, 3rd October 2026 (09 Contact Hours)			
	ISSHCON'2026 Session		Hall A (3, 4, 5 CC)
0915 - 11.30	ISSHCON'2026 Orations Dr. B. B. Joshi Oration Many Drops Make a Lake: Lessons Learned from 42 Years in Academic Orthopaedics Prof R Venkataswami Oration Be the Change You Want to See Plenary Talks by Guest Nation Faculty 1. Clinico-Radiological Outcomes of Perilunate Fracture Dislocations: Predictors of Arthritis 2. Arthroscopic Ganglion Excision Invited Guest Lecture Dissociative Carpal Instability: What's the Future?	Dr. Chaitanya Mudgal Dr. S. Rajasabapathy Dr. Byung Sung Kim Chairman Korean Hand Society Dr. Jeremy Prakash Silvanathan President, Malaysian Hand Society Dr. Sumedh Talwalkar	
1130 - 1145	Tea Break		
	Scientific Session III	Chairperson: Rashmi Yeradkar	Hall 2
	Best ePoster Presentation		
1145 - 1300	Design, Development & Analysis of Gamified Hand Device to Interpret Wrist and Forearm Range of Motion	Yashwant S. P.	
	Post-Operative Occupational Therapy Management Following Major Right Upper Limb Crush Injury: A Case Report	Dhanush Kumar N.	
	Development of the Occupational Therapy Framework for Mittens (OTF-M): A Functional-Based Occupational Therapy Rehabilitation for Mitten Hand Deformity	M S Rufus Solomon	
	Is He Really Been Rehabilitated? An Eight-Year Follow-Up of Adult Traumatic Global Brachial Plexus Injury	Dr. Chhaya Verma	
	Effect of Weighted Adaptive Spoon for Eating in Child with Dyskinetic CP: A Single Case Study	Vanshika Singh	
	Effect of a Scapular Stabilization Orthosis on Scapular Alignment and Upper Limb Function in Children with Obstetric Brachial Plexus Injury	Santosh Ambegave	
	Occupational Therapy Management and Functional Outcomes of an Adolescent with Rare Quadrilateral Amputation Following Electrical Burns: A Case Report	Swati Kurne	

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	Development of a Custom Dynamic Hand Orthosis to Support Finger Alignment and Functional Hand Use in A Child with Charcot-Marie-Tooth Disease: A Single-Case Report	Blessing Jonathan	Hall 2
	Design And Evaluation of a Low-Cost Thumb Prosthesis to Enhance Manual Dexterity: A Single-Case Study	Sandeep Duphare	
	Rehabilitation of a Child with CODAS Syndrome: A Case Study	Bhakti Vanmali	
	Restoring The Extensor Cascade: A Rehabilitation Journey Following Vaughan-Jackson Syndrome	Sonali Manek	
	ISD Framework: From Impairment to Structure to Differential Diagnosis in Hand Therapy	Pratha Mehta	
1300 - 1400	Lunch Break		

	Scientific Session III		Chairperson: Rashmi Yeradkar	
1400 -1420	Faculty Talk: Collaboration of ISSH and SHTI for Building Surgeons' and Therapists' Multidisciplinary Hand Rehabilitation Team and Awareness Amongst Indian Population	Dr. G. Karthikeyan		
	Best ePoster Presentation			
1420 - 1435	Effectiveness of Closed Static Traction Splinting in the Rehabilitation of Proximal Interphalangeal Joint	Yashwant S. P.		
	Enhanced Grip and Daily Function with Noonan Syndrome	Bhakti Vanmali		
	End of Session III			
	Scientific Session IV		Chairperson: Dr. Chhaya Verma	
	Best Mini Movie			
1435 - 1450	Precision	Yashwant S. P.		
	Hand Functional Use in Individuals with Noonan Syndrome	Bhakti Vanmali		
	Dear Hand: An Unspoken Story of Human Connection	M S Rufus Solomon		
	Innovative Technology			
1450 - 1500	Design, Development and Validation of Motorized Wrist Continuous Passive Motion (CPM) in Restoring Range of Motion and Functional Skills for People with Wrist Dysfunction	Yashwant S. P.		
1500 - 1520	Faculty Talk: Hand Therapy in Chronic Stroke Hand: Remedial versus Rehabilitative Approach	Punita V. Solanki		
1520 - 1540	Faculty Talk: PIP Joint Fractures and Functional Outcome: Small Joint, Big Challenge	Yogita P. Shendge		
1540 - 1600	Faculty Talk: Comparative Perspective of Metal and Plastic Splints	Dr. Shovan Saha		

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1600 - 1630	Networking Session: For All Therapist Delegates		
	End of Session IV		
1630 - 1645	Tea Break		
1645 - 1730	Combined ISSHCON'2026 & SHTICON'2026 Session on Stiff Fingers		Hall 5 CC
	Faculty Talk: Early Post-Operative Stiffness in Fingers: Therapy Interventions	Dr. Shovan Saha	
	Panel Discussion: Stiff Fingers Case Discussions Panellists: Punita V. Solanki, Dr. Tejashree A. Dabholkar, Dr. Sheeja Rajan, Dr. Shobhana Rajsekhar, Dr. Vineet Dabas		
1730 - 1800	Valedictory Function followed by Group Photo		Hall 2
End of Day 2			

S. No.	Categories of Presentations/Scientific Deliberations in SHTICON'2026 Schedule
1	Key Note Address
2	Faculty Speaker's Talks
3	SHTI Best Oral Paper Award Presentations
4	SHTI Best ePoster Award Presentations
5	SHTI Best Mini Movie Award
6	SHTI Best Essay Award Submission
7	Innovative Technology (Non-Competitive)
8	Interactive Session of SHTI Delegates
9	ISSHCON'2026 + SHTICON'2026 Combined Session (Faculty Talk and Panel Discussion)
10	ISSHCON'2026 Orations, Plenary Talks and Guest Nation Faculty / Guest Talks